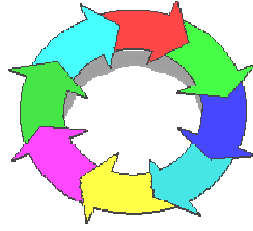


Kelowna New Plus 3 Friendship Club



Newsletter

www.kelownaplus3.org

May 2012

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2011/2012 Executive

President: Reg Forrest

Vice President: Tony Smith

Treasurer: Jean Mekie

Secretary: Peter Stefan

Membership: Marjorie Papple

Newsletter Editor: Mary-Anne Banks

Past President: Jamie Fear

President's Note

So here we are in May - much has happened since the last Newsletter in March/April. First of all Winter's gone and Spring is here and the gardeners are really active.

As if to get into the Spring Swing, a group of about 20 of us recently went to The Greenery in Kelowna and were given a truly comprehensive tour and explanation of the operation by Director Kirsten Segler.



The tour lasted 2 hours during which we learned the simple origins of this family business and how it grew over years into what is today. The seed planting and propagation of cuttings are done in controlled conditions when the Greenery is closed to the public in the Fall to early Spring period. The semi - automation of the seed planting and seedling transplanting operations were described and demonstrated as were the extensive irrigation and humidifying systems. Pest control and development of new strains of plants and seeds were all discussed in detail. The busy retail period is concentrated in an 8 week period and all stock is sold by about the beginning of July. We came away wiser and impressed with our tour and happy with our gift of a Pansy from Kirsten.

On February 24th a group of 94 of us dined at INFUSIONS Restaurant - the food was superbly prepared by the catering students of UBCO and the Premium Dinner Buffet service, with carved Prime Beef and seared Chicken escallops and all the trimmings was truly excellent. The cost of the meal for the 77 Plus 3 members only was subsidized by \$10 per head from Club funds and

everyone agreed it was a very pleasant evening. This is the second time the Club has arranged a Dinner at Infusions and I am sure it will not be the last.



At the March meeting we had Dr. Roland Kothes from the Dominion Radio Astrophysical Observatory near Penticton speak to us - we were star struck!

Our Speaker at the monthly Meeting on April 14 was Robert Fine, Director of the Economic Commission for the CORD. Robert gave a very informative presentation of the work he and his staff are doing to promote the economic development of this beautiful Okanagan Valley region in which we live. We also persuaded Robert to give us an impromptu "Sinatra Song" - much appreciated by the ladies on the front row!



We are going on a tour of the Sparkling Hill Resort near Vernon on Friday, May 4th starting at 12noon. We have 24 signed up members for this tour. The maximum is 30 people - so if you want to go let me know ASAP. Individuals going may want to organize car pooling with friends for this (no charge) event.

On Wednesday, April 18th I attended the monthly meeting of the KNC (Newcomers) and gave a 10 minute Power Point "recruitment" presentation targeting those "Graduating" Newcomers who will have completed their 3 year term by September.

Newcomers are an active group now numbering 218 people and I was informed that 53 will "Graduate" this Summer. Potentially therefore our present record number of 247 Plus 3 Members could swell to 300 by September!!

Being realistic however we could achieve, say, 25 new Plus 3 members and, since KNC is our only source of new members it is always worthwhile speaking to Newcomers to inform them that there is "Life after Newcomers" and that Plus 3's is an option to consider.

I was given a very warm welcome by Newcomers. Most (but not all) are familiar with our Plus 3 Club and many take part in the joint activities of the Bowling and Walking groups. The now, well established and jointly organized Plus 3 / Newcomers Christmas Party, is an important event in the calendar which consolidates the important bond which exists between our two Clubs. Newcomers are enthusiastic and proud of their Club and the events which they organize independently throughout the year - but the joint Christmas Party with Plus 3's is special - and long may it continue to be so.

So, I am hopeful that we shall have many new faces from Newcomers at our Plus 3 meetings

from September onwards - they will be welcomed by all of us.

Then there's The Murder Mystery Dinner evening at Deli City, Bunches Bistro on Saturday, May 5th which is sold out with 81 people coming. This has a theme of a 1920's New York Speakeasy and the "deed will be done" by the group of professional actors. Many of us are planning to arrive wearing some appropriate/ contemporary item of clothing in order to get into the Swing of Things!

Coming up on June 10th is our Musical Sunday Brunch at The Eldorado! This is going to be a great Sunday Brunch (we all know the superb Brunches at The Eldorado) and we have engaged a great Piano/Bass Duo to play our sort of music during the event. Ticket sales to Plus 3 Members started at the April 11th Meeting at the heavily subsidized Member Price of \$ 20 each and sales to Members will continue until the May 9th Plus 3 meeting when tickets to non-member Guests at the full (still great) price of \$30 will be available.

We have a total of 120 tickets to sell - members get first chance at the bargain \$20 price and then, on May 9th ticket sales are to be opened to include Guests at \$30 each - until we sell the limit of 120. So, don't wait - buy your tickets now to avoid disappointment.

Kaowana New Plus 3 Friendship Club
Musical Sunday Brunch

Members : \$20

Guests : \$30

The Eldorado Hotel

Sunday, June 10th : 11.30 am - 1.30pm

The building work at Parkinson Recreation Centre continues apace and I am assured that everything is "on target" for Plus 3's (and KNC) to hold our monthly meetings there from January 2013 onwards.

Our next meeting, on Wednesday, May 9th is important - it is the AGM at which the new Executive for the 2012 / 2013 will be formed. We have our "President Elect" - current VP Tony

Smith - in place and several of the current Executive (including Jean Mekie Treasurer and Marjorie Papple Membership) have indicated that they are willing to stand again. We are also pleased to have some names of people who are interested to take some of these executive roles.

Nevertheless, we are calling for Nominations for the Positions available on the Executive (see the list of positions on the Newsletter front cover) to be submitted by Monday May 7th so that the list can be drawn up ready for the AGM on May 9th (all nominations must be made with the agreement of the person involved).

Following the AGM we have organized a Trivia Quiz to tax your brains.

There is much of interest to read in the Newsletter - news and announcements by the Coordinators of the many Activities and Events - including Ticket Sales for the Musical Sunday Brunch on Sunday, June 10th

So folks, enjoy the Spring and then Summer is just around the corner!

Reg

Newcomers Bowling League - 2011/12 Season Summary Report

The Newcomers Bowling League was started by the Newcomers Club over 25 years ago and it has been a joint activity of Newcomers & Plus 3s for about 20 years - - it is fun, healthful, and a great opportunity to socialize.

About 80 of our members were involved this year and 50 to 60 of them bowled at the Capri Valley Lanes every Tuesday from September through April. We held a potluck luncheon the last bowling day before the Christmas break, the current season ended on April 17, and the year-end Roll-off Tournament was held on April 24 - - - where the winning teams of the 4 quarters of the season competed in the A-pool while the other 8 teams competed in the B-pool.

A Wind-up Award Lunch will be held on May 1 at the Sunset Ranch Golf Club where the surroundings are pleasant, the view is terrific, and the the service and food are excellent. Cash prizes and honourable mentions will be awarded after lunch, including:

- season team awards for 'best team/high season total points' 'high single game' and 'high 3 game total'
- season individual female and male awards for 'best bowler/high average' 'high single game' 'high 3 game total' and 'most improved bowler'
- Roll-off Tournament A and B-pool 'winner' and 'runner-up' team awards.

These results will be reported in the June Newsletter

Richard Pringle

Digital Photography Group

On March 2, we had a slide show presentation by a local professional Photographer, Bill Searle, a former Career Photographer for 26 years with the RCAF and later 11 years as a Photographer with the Civil Service. Bill gave a slide show presentation of some of his impressive work and provided comments and tips on photo composition through:

We met again on April 13 with demonstrations by Group members of:

- Picasa Photo Editing
- Restoration of old/ damaged photographs with Adobe Photoshop
- Use of Faststone to set up Slide Shows.



The Photographer's Eye

Fruit Bowl - Edited with Swirl Effect

"When you wake up in the morning, Pooh," said Piglet at last, "what's the first thing you say to yourself?"

"What's for breakfast?" said Pooh. "What do you say, Piglet?"

"I say, I wonder what's going to happen exciting today?" said Piglet.

Pooh nodded thoughtfully. "It's the same thing," he said."

- A.A. Milne

Activities



Bowling

The Newcomers Bowling League has been a joint activity of Newcomers & Plus 3s for about 25 years - - it is fun, healthful, and a great opportunity to socialize. About 80 of our members are involved and 45 to 50 of them bowl at the Capri Valley Lanes every Tuesday at 9:30 a.m. from September through April. The cost for 3 games is \$11.00. Regular bowlers also pay \$30 in September to cover the cost of incidentals and lunch & prizes at the year-end wind-up Awards Luncheon. If you want to join the fun and bowl as either a regular on a team or a spare, please contact **Richard Pringle**.



Walking Group

The Walking Group meets on Thursday mornings at 9:00 or 9:30 am, dependent on the time of year. The activity is a joint activity with the Newcomers walking group. The walk lasts about an hour and the route is usually over relatively flat terrain such as along the lakeshore or the Mission Creek parkway. Occasionally the terrain will be more challenging. The walk locations are announced in advance by E-mail and all you have to do is show up at the meeting point. The group normally goes out for coffee after the walk at a nearby location. If you are interested please contact **Denis Davis**.



Stitch and Chat

A friendly welcome will be yours when you join us as we stitch or chat as only women can. We meet in each other's homes on the first and third Thursday, of each month.

We meet at 1.00 p.m., do either stitching or chatting, followed by a light lunch. Call **Mary Beveridge**.



Muffin Basket

Muffin Basket will be held on the first Wednesday of every month from 10 a.m. to noon. All those who sign up for Muffin Basket will receive an email notifying them of the exact date and location.

- **May 2 - Rosie Lawrence (please let Rosie know if you will be attending.)**

You will be asked to notify the hostess if you plan to attend so she will know how many to prepare for. Participants will be asked to take a turn hosting Muffin Basket and/or contribute goodies from time to time. It is a casual, fun morning to share with others. Enjoy visiting with your friends and make new ones over coffee and snacks. To sign up for the Muffin Basket, contact **Ellie Stinson**.



Ladies Bridge

We meet on the second and fourth Tuesdays of the month at 11:45 a.m., for lunch and Bridge, at Lakeshore Place, 3200 Lakeshore Road. Cost is \$8.50, which includes both lunch and Bridge. New members are most welcome. Contact **Charlotte Chabrian**.



Couples Bridge

Couples Bridge is held on the third Friday of each month in members' homes. It is open to couples or to single members who wish to bring a partner. The host may change the date to accommodate any conflicting events. New members are welcome. If you would like to join this group, either as regulars or spares, contact **Gert Steyn**.

Men's Bridge

This is a new addition to the club. Men's bridge presently has two Groups, A and B. Each Group meets on alternate Thursdays at 7:00 at members homes. New members are welcome. If you wish further information please contact:

Group A: **Paul Bethel**

Group B: **Richard Murphy & Andy Gfeller**



Non-Fiction Book Club

Ever thought of reading something factual and entertaining at the same time? The Non Fiction Club is offering Plus Three members an opportunity to read and share ideas about books related to business and the economy, history and geopolitics as well as the lives of important people (biography). Meetings will be monthly. Each member will have an opportunity to choose a book on a rotational basis. Contact **Gabriel Thomasse**.



Fiction Book Club

Do you enjoy reading fiction? Would you enjoy a good conversation about some of the books you read? If so, the Fiction Book Club may interest you. We meet on the third Monday of every month at 1 pm to discuss a book that the group has selected. Please contact **Tannis Miller** if you are interested in attending.



Travel Info Exchange

The Travel Group has been renamed the **Travel Info Exchange** to better convey its purpose.

Purpose: The Travel Info Exchange group enables Plus Three members to share their travel experiences and tips with other Plus Three members. I maintain a cross-reference database of travel locations and provider names.

We have members who are ready to offer suggestions to persons considering visiting many locales.

Antartic	Argentina	Australia	Bali
Borneo	Canada	Chili	Curaco
England	Greece	France-Dordogne	France Provence
Ireland	Italy	Kenya	Malaysia
Mexico-Ajjic	Mexico-Puerto Vallarta	Mexico-Rying-Baja	Peru-Northern
Portugal	South Africa	Spain	St. Maarten
Tanzania	Thailand	Turkey	USA - East Coast
Vietnam	Zimbabwe		

If you would like to have contact names for any of these areas, contact me by email (preferred) or by phone.

To have your travel locale(s) added to the database, please email me at with your name and a list of countries or areas that want to offer your tips. An example of a submission would look like this:

Jane & John Smith Italy-Tuscany, Turkey

Paul Shearing Travel Info Exchange co-ordinator



Digital Photography Group

This is a joint activity together with the Probus Club of the Westside. The Group meets monthly beginning in September on Friday afternoons in the Westwood Retirement Resort (2505 Ingram, West Kelowna). The Westwood has an excellent theatre with good projection facilities). Currently about 8 Plus 3 members (and about the same number of Probus Club members) meet to discuss experiences/share tips on digital photography. The next meeting is:

- **May 4 - photo subject - Okanagan Lake Waterfront**

If you just want to attend a meeting without submitting photographs (i.e. just to listen and observe what goes on) then that is OK – just come along and decide whether this is an activity for you. You will learn more about your camera and what you can do with it.

Contact: **Reg Forrest**.



Men's Golf

The men's golf group is a joint activity with the Newcomers Club, which golfs on Wednesday and Friday mornings at various public courses in Kelowna. Tee times have been booked in advance for the entire summer and anyone wishing to play contacts the

course to put his name down for a particular day. Interested members should contact **Jan Conradi**

Food and Drink Section



Wine Tasting Group

This group is for anyone interested in trying different wines and/or learning about wine. We taste wines from different regions, or varietals, or countries. We meet monthly in most months of the year in participants' houses on rotation. Price varies from month to month according to the wines poured. Approximately \$10 - \$15/person. If you would like to join us please contact **Peter Stefan**



Pub Night

Members meet at 6 pm on the 4th Wednesday of the month at a variety of pubs and restaurants. This is a great way to keep in touch with friends and sample Kelowna's pub and restaurant life.

- **May 23 - Joey's on Harvey**

If you wish to attend, call **Ingrid Dicks**. Please call the day before Pub Night (Tuesday) if you have not signed up or to cancel (if you have signed up and now can't make it).



Sunday Brunch

Once again we find an excuse to eat out in convivial company. Next Brunch:

- **May 6 - Kelowna Springs Golf Course**

Brunches are held on the first Sunday of the month at 11:30 a.m. noon throughout the year except for July and December. If you would like to be added to the list of attendees, please call **Beryl Carnine**



Ladies' Lunch

The next Ladies Lunch will be on:

- **May 9 - 11:30 @ Cora's, Harvey and Burtch. Limited parking there but across the street (Burtch) there is lots**

If you wish to attend, please contact me, **Rosemary Botner**, as soon as possible.



Men's Lunch

Men's lunches are held on the same day as Ladies' lunches with the same philosophy of good food at reasonable prices. We choose locations close to the Ladies' lunch venue. Registered attendees are notified by phone or email of the locations.

- **May 9 - Earl's On Top 211 Bernard Ave.**

If you are not on the regular list of attendees and would like to attend this popular event, please call **Brian Galton**



Dance Group

Do you enjoy dancing (ballroom, salsa, etc.)? Do you feel deprived because you usually only get to dance once a year? Here is your chance to attend at least four dances a year! You don't have to be a good dancer.

Add your name to the email directory and you will be informed when we decide to put a group together to attend some existing dances, for example Elk's Lodge, Parkinson Recreation Centre, Let's Dance Kelowna/German-Canadian Club, Italian Club, Rotary Centre for the Arts with their Salsa Thursdays. Contact **Dini Steyn**.



May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Bowling windup lunch	2 Muffin Basket	3 Walking Stitch & Chat	4 Tour Sparkling Hill Resort Digital Photography	5 Murder Mystery Evening
6 Sunday Brunch	7	8 Ladies Bridge	9 Plus 3's Meeting (AGM) Ladies & Mens Lunch	10 Walking	11	12
13 Mother's Day	14	15	16	17 Walking Stitch & Chat	18 Couples Bridge	19
20	21 Fiction Book Club Victoria Day	22 Ladies Bridge	23 Pub Night	24 Walking	25	26
27	28	29	30	31 Walking (Hillside Winery)		